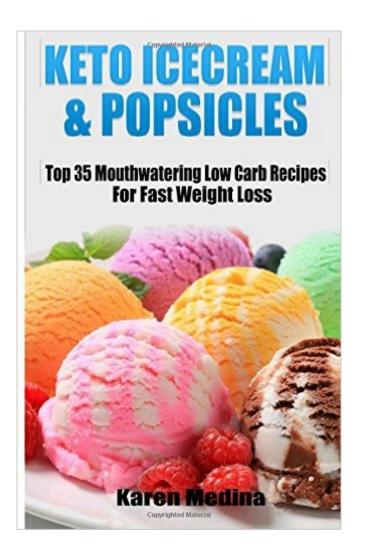
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# Ketogenic Ice Cream & Popsicles: Top 35 Mouthwatering Low Carb Recipes For Fast Weight Loss





## Synopsis

BURN FAT, GAIN MUSCLE AND STAY IN KETOSIS WITH INDULGENTLY DELICIOUS ICECREAM & POPSICLES RECIPES!. You'll Learn To Make Ketogenic Icecream & Popsicles Including... Extraordinary Delicious & Healthy Popsicle. Utterly Butterly Chocolate Covered Pops. Healthy Chocolate Flavored Yogurt Popsicles Delightful Popsicles in Tiramisu Flavor. Yogurt and Berry Extraordinary Popsicles. Mocha Flavored Frappuccino Ice-pops. Healthy Creamy Coconut Popsicles Melon and Lemon Fantasy Popsicles. Much, much more!

## **Book Information**

Paperback: 80 pages Publisher: CreateSpace Independent Publishing Platform (December 16, 2015) Language: English ISBN-10: 1522787984 ISBN-13: 978-1522787983 Product Dimensions: 5.5 x 0.2 x 8.5 inches Shipping Weight: 5.4 ounces (View shipping rates and policies) Average Customer Review: 4.3 out of 5 stars Â See all reviews (9 customer reviews) Best Sellers Rank: #616,291 in Books (See Top 100 in Books) #149 in Books > Cookbooks, Food & Wine > Desserts > Frozen Desserts #239 in Books > Cookbooks, Food & Wine > Special Diet > Ketogenic #728 in Books > Cookbooks, Food & Wine > Special Diet > Low Carbohydrate

### **Customer Reviews**

This is a great book for anyone following Ketogenic recipes. I  $\operatorname{can} \tilde{A} \notin \hat{A}^{TM}$ t wait to try all the homemade ice cream recipes inside this book, all of them are very mouthwatering and sounds tasteful. Great job to the author and thanks for sharing this awesome book.

Some good recipes but the directions for the Super Easy Blueberry Ice Cream are MISSING!! >:-/I wouldn't complain if I caught it when it was a freebie but i actually paid for it and I want that recipe!!! It sounds really good. :-(

This book keeps it straightforward and what it guarantees , a strong accumulation of keto eating routine formulas .This book keeps it basic and what it guarantees , a strong gathering of keto eating regimen formulas. Mouth watering recipes.I completely delighted in them.

Another good ketogenic ice cream and popsicles book. it contains top 35 muuthwatering lw carb recipes for fast weight loss.well written i would recommend it to any one interested in ketogenic ice cream recipes.

This is an interesting read, the book is well written and easy to understand. This book have perfect recipes of ice cream, these all recipes are easy to make that's why convenient for me thanks.

Good recipes with low carb ingredients!

New ideas for healthier frozen treats!

#### Good book! Recommend!

#### Download to continue reading...

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